

Spreading ACEs and Trauma-Informed Care at Santa Rosa Community Health

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Project Description: I wanted to share an emerging best practice of ACEs Screening and Trauma-Informed Care with the three family medicine clinics at Santa Rosa Community Health. I believed I should do this to disrupt toxic stress physiology, creating better health outcomes for my patients as well as to create culture change of healing in my organization.

Outcome-Oriented Objective: The goal of the project was to train all staff at Santa Rosa Community Health on Trauma-Informed Care and ACEs screening and to begin universal ACEs screening by 2021.

Solution: I initially proposed to do this project independently. Ultimately, I joined state-wide design and implementation efforts through the California Office of the Surgeon General and Center for Care Innovations.



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Results

- I started with a Pilot at one of the three Family Practice Clinical Sites
- My CHIP aligned with state-wide ACEs Aware Initiative and Center for Care Innovations Collaborative
- I obtained \$200,00 in grants to support my CHIP and am now creating Supplemental Training for ACEs Aware and joined California Learning and Quality Improvement Collaborative
- I have trained 65 staff members and all of the 94 medical and mental health clinicians have been trained as well.

Next Steps

- Complete remaining trainings incorporating new curriculum guidelines from acesaware.
- Collaborate with Redwood Community Health Coalition on region-wide spread.
- Continue to advise acesaware on State-wide implementation.

Lessons Learned

- Train All Staff, not just clinicians
- Involve multi-disciplinary team in planning
- Benefit of building collaborations
- Our community traumas (COVID, wildfires) helped us become more trauma-informed as an organization