# Healthforce Center at UCSF

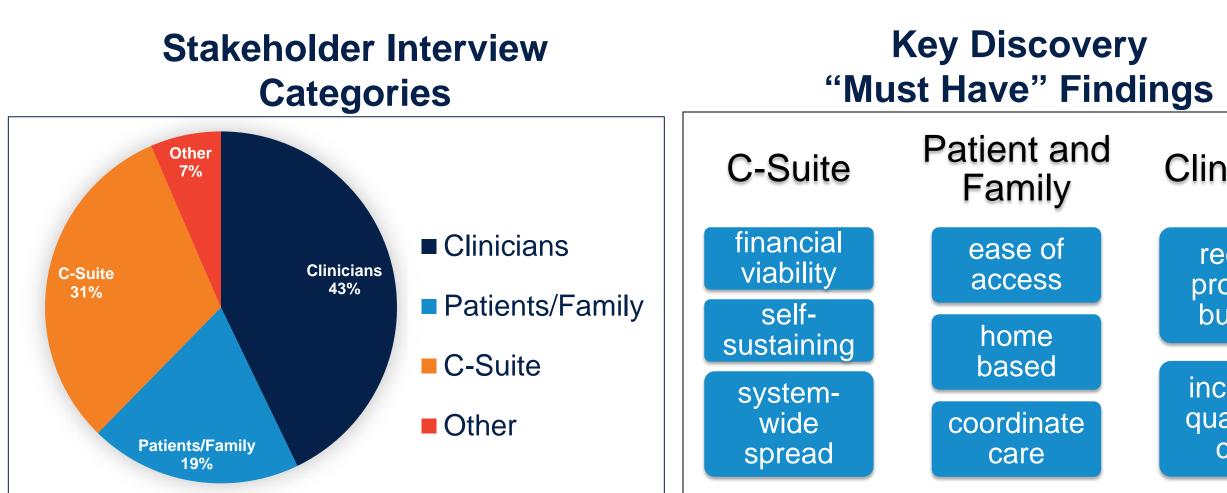
# **Problem Statement**

MemorialCare patients with serious illness lack access to community based palliative care services. A financially viable community based palliative care service line within the MemorialCare hospice program could help meet this need.

## Discovery

### 6 months, 77 interviews, 3 phases

- . Early discovery phase identified stakeholders, had open-ended discussions about the **problems** and **needs** of caring for seriously ill individuals, identified the most common problems and needs.
- 2. Middle discovery phase discussed solutions to the most common problems and needs, categorized solutions as "nice to have" or "must have".
- 3. <u>Late discovery phase</u> incorporated the "**must have**" solutions into an initial palliative care service line pilot, refined the pilot further with key c-suite and physician leader input.



#### Palliative Care Pilot Program

- Enroll seriously ill patients (1-2 year prognosis), home-based care
- 2. Interdisciplinary team (physician, nurse, social worker, chaplain), home visits
- 3. Improve symptoms, establish goals of care, coordinate with treating physicians
- 4. Achieve earlier hospice enrollment, increase hospice length of stay (revenue)
- 5. Additional revenue assures program stability, funds system-wide spread

# **Goals and Objectives**

**Goal:** Increase access to ambulatory palliative care by establishing a financially sustainable service line within MemorialCare's hospice program.

## **Outcome-oriented Objective:**

- 1. Increases hospice average length of stay by 10% by 4<sup>th</sup> quarter 2016.
- 2. Have a positive return on investment for pilot by 1<sup>st</sup> quarter 2017.
- 3. Obtain c-suite buy-in by becoming a hospice budget line item by 2nd quarter 2017.

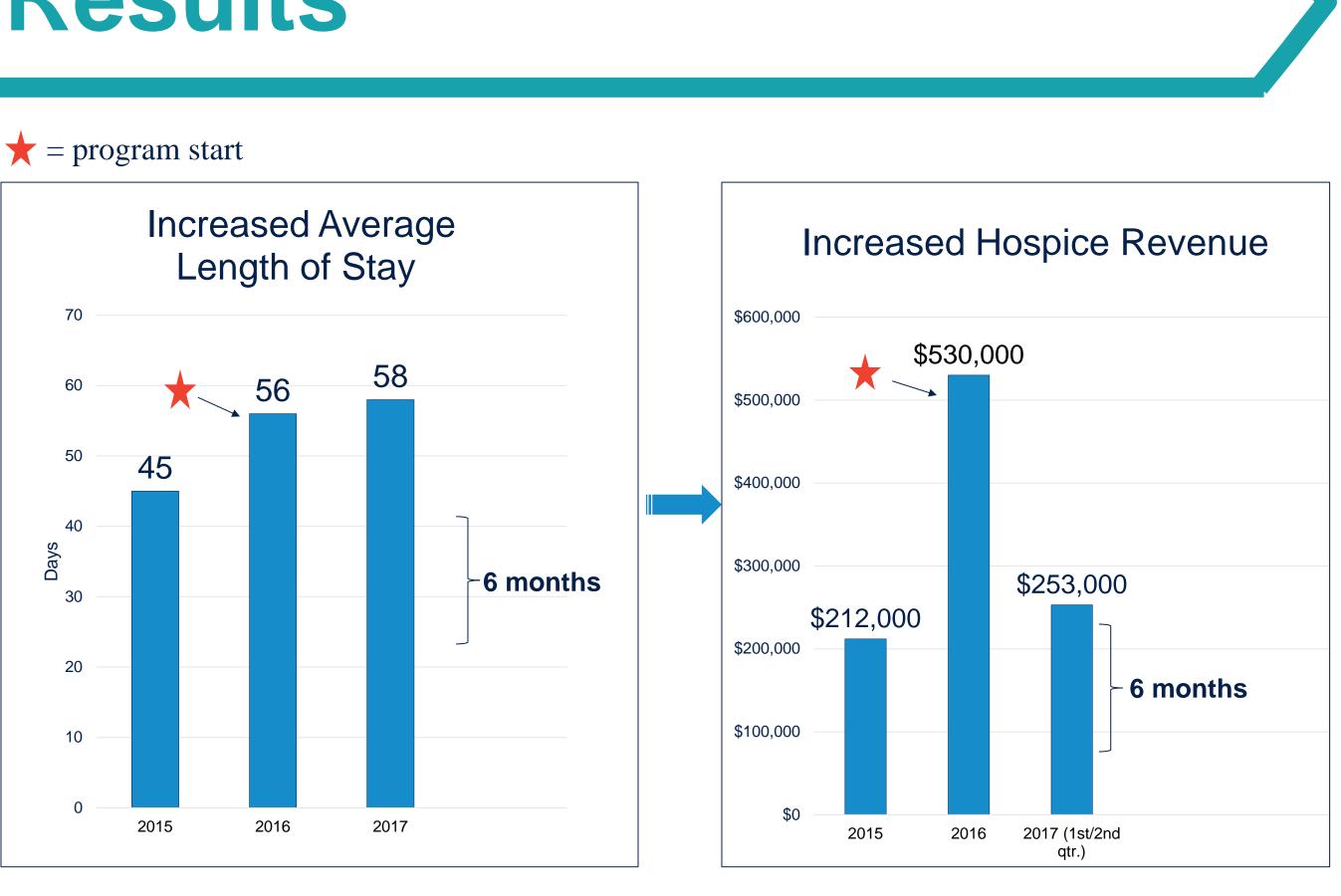
# A Model for Home Based Palliative Care

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t and hily	Clinicians			
of ss	reduce provider burden			
ne ed	increase			
nate e	quality of care			



## Results



#### **Pilot Results**

- . 25% increased average length of stay
- 2. 150% increase in revenue
- 3. C-suite buy-in

#### **Pilot Conclusion**

- 1. The community based palliative care service line is strongly associated with an increase in hospice average length of stay and revenue.
- 2. This trend justified inclusion into the 2018 hospice budget.

Key Partners	Key Activities	Value Propositi	ons 😐	Buy-in & Support	Beneficiaries
<text><list-item></list-item></text>	<ol> <li>Collect hospice length of stay and revenue data</li> <li>Interdisciplinary team home visits</li> <li>Interdisciplinary team meetings, bi-weekly</li> </ol> Key Resources <ol> <li>Initial pilot funding</li> <li>Physician leader</li> <li>Project management staff</li> <li>Nursing, social worker and chaplain staff</li> </ol>	<ol> <li>Increase the average leng 25%</li> <li>Service line positive retuinvestment</li> <li>Reduce the primary care</li> </ol>	to deliver a to on workload of physicians	<ol> <li>Solve stakeholder problems and needs</li> <li>Create a financially self- sustaining model</li> <li>Pilot to produce a positive return on investment</li> </ol> Deployment 1. MemorialCare's hospice program 2. MemorialCare's hospices hospitalists 3. MemorialCare's primary care and specialty physicians	<ol> <li>Patients with serious illness within the MemorialCare Health System</li> <li>The MemorialCare Hospice and Palliative Care program</li> <li>Community based and hospitalist physicians</li> </ol>
Mission Budget/Cost			Mission Achieve	ment/Impact Factors	
<ol> <li>Nurse home visits - \$43,670 (total to date)</li> <li>Social worker home visits - \$16,521 (total to date)</li> <li>Charlein home visits - \$2,210 (total to date)</li> </ol>			<ol> <li>Hospice average length of stay increased by 25%</li> <li>Hospice revenue increased by 150% (2016)</li> <li>O01 home visite (2016 + 2017)</li> </ol>		

3. Chaplain home visits - \$3,310 (total to date) 4. Physician Oversight - \$12,000 (total to date) **Total Costs = \$75,501** 

## Lessons Learned

#### The Process

- your main agenda.

## **Community Based Palliative Care**

- revenue is complex.
- morale. Discuss openly.

### Next Steps

- 1. Additional quality metrics in 2018
- 2. Scale system-wide in 2018
- 3. Offer model blueprint to others

3. <u>901</u> home visits (2016 + 2017) Associated with increased hospice revenue = **\$318,000** 



## California Health Care Foundation



1. Time spent in discovery is an investment, be aggressively curious. 2. In the beginning, understanding stakeholder problems and needs is

3. Stay married to your problem, not the solutions.

1. C-suite discussions should include data on reducing financial risk. 2. Attributing community based palliative care services to hospice

3. Adhering to strict enrollment criteria can negatively impact staff

ome based palliative care

